

BODY CONTOURING

BRANCH SPECIFIC

If you are looking to slim, tighten your skin, treat cellulite or tone, we have FDA approved highly effective solutions with proven results, which is non-invasive and has no downtime.

Our body contouring experts will professionally guide you into achieving your body goals, alongside a balanced diet, exercise and lifestyle plan.

Exilis Elite / Lavatron

A treatment that uses a combination of monopolar radiofrequency & ultrasound technology to reduce fat, tighten skin, assist with cm loss & reduce signs of skin aging.

1x Area	20min	R609
3x Areas	60min	R1605

X-Wave

X-Wave uses modified acoustic wave pulses. It is non-invasive and FDA approved. This treatment targets and reduces cellulite, improves skin tone, elasticity and texture of stretch marks and scars.

1x Area	20min	R509
3x Areas	60min	R1309

Lymphastim

Lymphastim offers effective mechanical lymph drainage to regenerate and detox the body. It has preset programmes to target oedema & cellulite as well as muscle relaxation for the legs, abdomen & arms.

20min session	R409
60min session	R1009

Buttock Treatment

This treatment focuses on firming & toning the buttock area as well as improving cellulite and skin texture.

Exilis Elite / Lavatron & X-Wave	40min	R1108
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Breast Treatment

For those seeking a non-invasive option to lift & tone the breast area.

Exilis Elite / Lavatron	20min	R609
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Main benefits: Fat reduction/ cm loss

- Cellulite reduction
- Skin tightening
- Lymphatic drainage & Oedema



Treatment time: 20 - 60min



Frequency of sessions: Every 1 - 2 weeks



Recommended number of treatments: Minimum of 6 - 12 with ongoing maintenance

Notes: *Please enquire about our healthy nutrition and exercise guide.